

BOXED LUNCH FORM

We are happy to meet your nutritional needs when you are unable to visit us in the dining hall. Please contact the on-site manager to discuss any dietary concerns or any options that are not listed on this form.

HOW IT WORKS

1. A Boxed Lunch must be ordered by 4:00pm previous day & picked up by noon next day. We are unable to process boxed lunches for the next day submitted after 4:00pm day (accommodations can be made, please contact manager).
2. A boxed lunch request cannot be made in addition to a meal swipe.
3. Please note that items listed below may be substituted if not available in our kitchen.
4. Orders placed & not picked up result in food waste. If this occurs multiple times please understand that your account will be flagged until the situation is resolved.

Name: _____ Student #: _____

Dining Hall: _____ Date Ordered: _____ Date Required: _____

Please list any dietary allergies / concerns: _____

CHOOSE A SANDWICH OR WRAP

1. Circle ONE grain

Bread or Wrap Whole Wheat Multi Grain White

2. Choose your toppings and spread

Lettuce Tomato Cucumber Mustard Mayo Butter Hummus

3. Choose ONE filling

Egg Salad Tuna Sandwich Chicken Salad Veggie

Roast Beef Ham Turkey Peanut Butter & Jam

CHOOSE ONE FRUIT

Apple Orange Pear Banana

CHOOSE ONE SALAD

Tossed Caesar Pasta Potato Veg & Dip Hummus & Pita

CHOOSE ONE BEVERAGE

Water Apple Juice Orange Juice

CHOOSE ONE DESSERT OR ANOTHER FRUIT OPTION

Cookie Muffin Granola Bar Cheese Crackers Rice Krispie Square

Additional Comments: _____

Please contact food@dal.ca for more information or questions.