More to Explore

We consider our diners’ families, and continuously look for new ways to ensure their experiences are memorable.

SUSTAINABILITY
We strive to minimize our environmental impact and create opportunities for students to join our efforts. We continue to expand our Climate Friendly Certified dining options for students so we can meet our carbon reduction goals as quickly as possible. Check out CoolFood.org for more information on this great way to have an impact.

NUTRITION
Our chefs and registered dietitian are trained and eager to assist with any dietary restrictions or concerns each student may have. Our registered dietitian also hosts monthly nutrition events.

SPECIAL EVENTS
Our calendar is chock full of student-focused events aimed at bringing the campus community together.

Mark These Dates!

FALL 2023:
- JUL 31: First Day to Purchase Fall Semester or Block Plans
- AUG 31: Dining Halls Open Fall Semester
- DEC 20 - JAN 07: Dining Halls Closed Holiday Break

SPRING 2024:
- JAN 08: Dining Halls Open Winter Semester
- APR 24: Off-Campus Meal Plans Expire

IMPORTANT BILLING NOTE:
Off-Campus meal plans can be purchased at a pro-rated amount any time during the year. Changes and refunds can be made up to 30 days following your purchase.

LEARN MORE AND HOW TO BUY A MEAL PLAN TODAY AT DALFOOD.CA

Study Hard, Eat Well
Dalhousie Food Services provides delicious and healthy options with meal plans that enrich your campus experience.

**Choose Less Stress**

University can be demanding, so your meal plan should be effortless and accommodate your schedule.

**Know Your Perks**

**Meal Swipes**

Meal swipes are used to access our all-you-care-to-eat dining halls. Your student ID becomes your meal swipe pass because fewer cards and less cash to carry equal equal less stress.

**Foodbucks**

Foodbucks, included in your meal plan, can be used at all Dalhousie Food Services Halifax retail dining locations.

**Convenience**

From 7:30 a.m. to 9 p.m., benefit from unlimited access to our dining halls, which offer wholesome meals—breakfast, lunch and dinner—that cater to diverse needs and tastes. A wide selection of menu items includes comfort food, healthy options, local and international cuisine, as well as snacks, and various hot and cold beverages.

**ALL YOU CARE TO EAT**

Your appetite will meet its match at our dining halls, which serve only the best in variety and value.

**On the Go**

We understand the challenge of balancing everything—all while getting a good meal. That's why we offer the best quality and convenience in our dining locations and national brands.

Consult dining location information and hours of service at dalfood.ca

Find Your Fit

<table>
<thead>
<tr>
<th>MEAL PLAN</th>
<th>AVG. MEALS PER WEEK</th>
<th>FOODBUCKS</th>
<th>AVG. COST PER MEAL</th>
<th>PRICE RANGE</th>
<th>PRICE RANGE</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Freedom</td>
<td>21+</td>
<td>100</td>
<td>$7.52</td>
<td>$2558.73</td>
<td>$2602.27</td>
<td>$5051</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>14</td>
<td>75</td>
<td>$10.33</td>
<td>$2344.16</td>
<td>$2282.84</td>
<td>$4627</td>
</tr>
<tr>
<td></td>
<td>10</td>
<td>50</td>
<td>$13.24</td>
<td>$2146.33</td>
<td>2080.67</td>
<td>$4236</td>
</tr>
<tr>
<td>100 Block</td>
<td></td>
<td>50</td>
<td>$17.82</td>
<td>-</td>
<td>-</td>
<td>$1782.07</td>
</tr>
<tr>
<td>80 Block</td>
<td></td>
<td>50</td>
<td>$18.58</td>
<td>-</td>
<td>-</td>
<td>$1,486.19</td>
</tr>
</tbody>
</table>

*Assuming three meals per day during open service days throughout the academic year

Contact Dalhousie Food Services Halifax at 902-494-2078 or Food@dal.ca.